



Wellbeing Advisory Committee

Water Administration Building, Steven J. Cook Memorial Conference Room South

Wednesday, June 14, 2017

12:00 pm

MINUTES

Committee Members present: Steve Dolezal, Kaitlin Emrich, Kathy Keane, Stephanie Neff, Tim Stiles

Committee Members absent: Emily Barnard, Heather Fleming, Jennifer Hougen, Shannon Keller

Staff Members present: Stephanie Schrader

Tim Stiles called the meeting to order at 12:11 p.m.

Kaitlin Emrich moved to approve the minutes. Kathy Keane seconded. There were no objections to the May 10, 2017 meeting minutes. Motion passed.

Stephanie Schrader stated she would send out board and commission documents for members to update and review. Three new members will join the Wellbeing Advisory Committee next month: Sofia Mehaffey, Mindi Dixon, and Kelsey Logan. Stephanie Schrader will provide onboarding for the new members later this month. She asked if anyone would be interested in being paired with a new member as a "Board Buddy" and all agreed this would be beneficial.

Tim Stiles noted Shannon Keller had a conversation with a new noodle restaurant franchise coming to Cedar Rapids that may be interested in Blue Zones Restaurant designation.

Stephanie Schrader shared the #1BagBlitz metrics. To date, there have been 435 participants, 617 bags of trash collected, 66 miles walked and 148,500 steps taken. Stephanie has drafted letters of support for the potential community garden sites identified in Audrey's proposal and will discuss the project with the Food Environment Alliance at the June 22 meeting.

Kaitlin Emrich noted that Erin Taber, a University of Iowa student, has an internship with Linn County Public Health this summer. She will be conducting in-person surveys at City-operated pool, golf and sport complex concession stands about healthy food preferences.

Kaitlin Emrich stated members of the Worksite Committee and Worksite Wellness Committee met and agree it would be beneficial to align. Details will be worked out when the Worksite Committee meets in July.

Stephanie Neff requested a Complete Streets update at the next meeting. Other future agenda topic requests include a summary of Erin's healthy concessions surveys and a worksite volunteer discussion with Sue Driscoll from United Way of East Central Iowa. The group agreed to cancel the August meeting, due to several conflicts.

The next Wellbeing Advisory Committee meeting will be held July 12, 2017.

The meeting was adjourned at 1:16 p.m.

Respectfully submitted,
Stephanie Schrader
Wellbeing Intern, City Manager's Office