



Wellbeing Advisory Committee
Thursday, November 5, 2020
8:30 am – 10:00 am

The Wellbeing Advisory Committee met virtually for their regular meeting. All members and staff met via Zoom video call. The meeting was held as an electronic regular Wellbeing Advisory Committee meeting because a meeting in person was impossible or impractical due to concerns for the health and safety of Commission members, staff and the public presented by COVID-19.

MINUTES

Committee Members present: Ellen Bouchard, Steve Dolezal, Kaitlin Emrich, Linda Levy, Lindsay Olson, Adam Walter

Committee Members absent Stephanie Neff, Katherine Read, Zach Schladetzky

Staff Members present: Stephanie Schrader

Kaitlin Emrich called the meeting to order at 8:33 a.m.

Ellen Bouchard moved to approve the October 1, 2020 minutes. Adam Walter seconded. Motion passed.

Jim Cushing, Healthy Hometown representative, facilitated the January 2021 workplan discussion. Each committee member submitted Specific, Measurable, Achievable, Relevant, Timebound (SMART) objectives in their respective areas of interest. Objectives are related to Healthy Hometown pillars of Eat Well, Move More and Feel Better.

Kaitlin Emrich stated her conversation with Carter, from Feed Iowa First, revealed zoning challenges with long-term parking for a mobile produce trailer and a 180-day limit for greenhouses. The committee would like to invite Seth Gunnerson, from Community Development, to discuss zoning at the next meeting. Jim Cushing stated Zach Schladetzky is interested in drawing attention to healthy restaurant options with a healthy restaurant week. Ellen Bouchard is working with grocery stores to promote easy dinners with fruits and vegetables. Linda Levy noted it would be helpful to promote the trip planner for transit to encourage active transportation. Lindsay Olson noted she is working to bring outdoor fitness to events (either before or after existing events, like the downtown farmers market). The fitness events will be designed for all abilities. Adam Walter is exploring eligible public spaces for pocket parks and has zoning questions. Jim Cushing noted that communities often try to incorporate amenities that can be moved (i.e. benches or tables) in case the property is sold when creating pocket parks. Kaitlin Emrich emphasized including all populations of the community in the committee's efforts.

The next Wellbeing Advisory Committee meeting will be held virtually on December 3, 2020.

The meeting adjourned at 9:51 a.m.

Respectfully submitted,
Stephanie Schrader
Community Development