



Wellbeing Advisory Committee

Thursday, June 10, 2021

8:30 am – 10:00 am

The Wellbeing Advisory Committee met virtually for their regular meeting. All members and staff met via Zoom video call. The meeting was held as an electronic regular Wellbeing Advisory Committee meeting because a meeting in person was impossible or impractical due to concerns for the health and safety of Commission members, staff and the public presented by COVID-19.

MINUTES

Committee Members present: Ellen Bouchard, Steve Dolezal, Kaitlin Emrich, Stephanie Neff, Katherine Read, Lindsay Olson, Zach Schladetzky, Adam Walter

Committee Members absent:

Staff Members present: Stephanie Schrader

Kaitlin Emrich called the meeting to order at 8:31 a.m.

Adam Walter moved to approve the May 6, 2021 minutes. Steve Dolezal seconded. Motion passed.

Patrick Alvord and Denise Hurt, from Confluence, gave a presentation about the ReLeaf CR partnership between the City of Cedar Rapids and Trees Forever. The project is broken into four phases: data/research; engagement/analysis/priorities; draft plan; final plan presentation. Kaitlin noted long-term, sustainable actions, such as fruit and nut tree plantings, that help people eat well and improve community health are a strategy in the committee's workplan and are part of the committee's broader mission. In March the committee submitted a letter of support to Confluence for targeted fruit and nut tree plantings in vulnerable areas. There was discussion about challenges of edible plantings in right-of-ways, the preference is for fruit and nut tree plantings in parks and along trails.

Kaitlin shared the Cultural Aspects to Food Access report prepared by a public health practicum student. The pandemic and derecho revealed the need for more access to culturally appropriate foods. The group will try to identify how they could support the work Feed Iowa First and HACAP have started in this area. Ellen noted that every Monday Feed Iowa First has volunteer help. Ellen will check in with Kit on some dates that the committee could help support or promote. Stephanie Schrader will share the information on Healthy Hometown social media. This will help get more community members involved and broaden community knowledge.

The next Wellbeing Advisory Committee meeting will be held July 1, 2021.

The meeting adjourned at 10:00 a.m.

Respectfully submitted,
Stephanie Schrader
Community Development