

Wastlake Mall - Complex for newborn to school age
and for the elderly. Non competitive physical fitness for
the children and training in good nutrition for their parents
so that we can put a stop to childhood obesity. Low cost
exercise for the elderly and advice on how to get the
most nutrition for the least amount of money. Also reliable
advice on other needs of the elderly to maintain their health
so they can remain at home as long as possible. This
could be run as a joint effort of St. Luke's + Mercy
with possible input from U of I hospitals & Clinics.