

Season Passes For Swimming Pools And Aquatic Centers

Valid May 22-September 5, 2016

Passes provide admission to Open, Family, Adult, Lap Swims and Water Exercise as age appropriate.

BUY PASSES AND GET PHOTOS/REPLACEMENT PASSES

Renew last year's pass online at CRREC.org

AMBROZ RECREATION CENTER (cash, check or credit card for transactions)

Monday-Friday	Now-July 31	8am-5pm
Tuesdays and Thursdays	May 10-June 2 (Walk in only)	5-7pm
Saturdays	May 7, 14, 28 (Walk in only)	9am-Noon
Saturday	May 21 Early Bird Ends (Walk in only)	9am-4pm

NOELRIDGE AQUATIC CENTER (cash or check only)

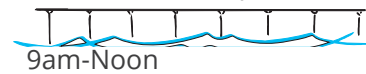
Saturdays	May 7, 14, 21 (Walk in only)	9am-Noon
Saturday-Monday	May 28, 29, 30 (Walk in only)	9am-Noon or 3-6pm

CHERRY HILL AQUATIC CENTER (cash or check only)

Saturdays	May 7, 14, 21 (Walk in only)	9am-Noon
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ALL POOLS (cash or check only)

Saturday	June 4 (Walk in only)	9am-Noon, 3pm-Close
Everyday	Begins when pools open	Before Noon or after 3pm



SUMMER SEASON SWIM PASS FEES

Early Bird Passes

(on or before 5/21/16*)

	Non-Resident	Resident
Family	\$215.00	\$199.00
Individual	\$108.00	\$100.00
Senior (Age 60+)	\$96.00	\$88.00

(I.D. required for Senior pass purchase)

May 22 or After

	Non-Resident	Resident
Family	\$251.00	\$235.00
Individual	\$123.00	\$115.00
Senior (Age 60+)	\$112.00	\$104.00

(I.D. required for Senior pass purchase)

*Due to heavy walk in traffic, no call in pass purchases or renewals will be processed 5/20/16 - 5/21/16.

Online registration will be available.

New or Renewal Passes (See Schedule Above)

WALK in to Ambroz or pool according to the dates and times above and purchase or renew passes through July 31.

MAIL form and check/money order through May 20 to the Center. Print off your receipt and take it to Ambroz, have photo taken, and pick up your cards.

CALL 286-5731, weekdays from 8am-5pm (renewals only). Have your credit card ready. No phone renewals on May 20 or 21, 2016.

RENEW 2015 PASSES ONLINE!

Go to CRREC.org. Last year's (2015) passes may be renewed online. Email recreation@cedar-rapids.org to obtain your user name/password. Passes from 2014 and prior years cannot be renewed online. Choose another option for renewal.

Need New or Replacement Pass Cards?

WALK in to Ambroz Center or City Services Center (CSC) for new or replacement pass card photos or go to any pool when it is open before noon or after 3pm. If passes were purchased at a pool, return to that pool to obtain pass cards. (See above for preseason times/dates.)

SUMMER PUNCH/GROUP PASSES

May be used by an individual, a group or transferred to another person for any age appropriate public swim and water exercise class. No photo required. Passes expire on the 16th punch or September 5, 2016, whichever comes first. Purchase passes at the pool before noon or after 3pm. **\$61 Non-refundable**

City of Cedar Rapids Summer Swim Passes

Passes provide admission to Open, Family, Adult, Lap Swims and Water Exercise as age appropriate. Schedules for pools, programs/water features may vary. (See page 54-55.) Valid May 22-September 5, 2016.

- You must present your pass to enter the pool.
- Passes are non-transferable and non-refundable.
- Replacement cards may be purchased for \$5 if cards are lost or stolen.
- Children under the age of two years as of May 1 will receive a pass without a photo.
- Passes may be revoked for pool infractions and misuse with no refunds.
- Individuals who are immediate family members and who live at the same residence (maximum of two adults) are eligible for a family pass. Children must be under the age of 21 (maximum of four) and related to one or both the household adults as offspring or by marriage, adoption, foster care placement or legal guardianship. (*Additional family passes for more than four children cost \$10 for each child.)

Purchase passes/take pictures at the pools **BEFORE NOON OR AFTER 3 PM** when the pools are open; no sales or photos from 12 PM-3 PM.

You may be asked at any time for verification that your family meets eligibility requirements. Misrepresentation could result in loss of passes.

SUMMER SWIM SEASON

Not all pools open for all days below.
Schedule subject to change.

<p>BENDER POOL</p> <p>May 22 -Aug 5 Reopens Aug. 22</p>	<p>BEVER POOL</p> <p>June 3- Aug 11</p>
<p>JONES POOL</p> <p>June 3-Aug 12</p>	<p>ELLIS POOL</p> <p>June 3-Aug 12</p>

NOELRIDGE AQUATIC CENTER

May 28, 29, 30
June 3-Aug 21
Aug 27, 28, Sept 3, 4, 5

CHERRY HILL AQUATIC CENTER

June 3-Aug. 21
Aug 27, 28

----- **DETACH HERE** -----

CEDAR RAPIDS SUMMER SWIM PASS 2016

NEW RENEWAL

Name _____ Phone _____
Address _____ City _____ State _____ Zip _____

Amount Enclosed	Names to Appear on Passes (maximum two adults)	Date of Birth (Required)	M/F	Still have card?	
Pass Fee \$ _____	1. Adult: _____	DOB _____	<input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Additional Children \$ _____ <small>*More than 4. See Above.</small>	2. Adult: _____ <small>Immediate family members who live in the same household and meet qualifications. (See above.) You may be asked for proof.</small>	DOB _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
TOTAL \$ _____	3. _____	DOB _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Check/money order only.	4. _____	DOB _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	5. _____	DOB _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	6. _____	DOB _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Signature _____ Date _____

Mail to: Cedar Rapids Parks & Recreation Department, 2000 Mt. Vernon Rd. SE, Cedar Rapids, IA 52403

City of Cedar Rapids Pools and Aquatic Centers

SERVICES AND FEATURES GUIDE

	Noelridge	Bever	Ellis	Cherry Hill	Jones	Bender
Pool Depth at Shallowest End	Zero Depth, Beach-like entry	Zero Depth, Beach-like entry	2 ft.	Zero Depth, Beach-like entry	Zero Depth, Beach-like entry	3.5 ft.
Pool Depth at Deepest End	11 ft.	11 ft.	15 ft.	11 ft.	6 ft.	9 ft.
Separate Baby Pool			X			X
Entry Stairs	X	X	X (ramp)	X	X	X
Hydraulic Chair Lift	X	X				X
Water Slide	X	X	X	X	X	
Speed Slide	X			X		
Drop Slide	X	X		X		
25 Yard Lap Lanes	8	6	6	8 (6 - 50 m)	4	5
Diving Board(s)	1 Meter	1 Meter	1 & 3 Meter	1 Meter		
Water Play Features	Tumble Buckets Water Curtain Frog Slide Water Play-ground	Raindrop Water Spout Floor Geysers		Crocodile Walk Floor Geysers Water Curtain Otter Slide Water Playground	Frog Cannons Water Snake Floor Geysers Water Curtain Daisy Flower Turtle Slide	
Sand Playground	X			X		
Concession Stand	X	X		X		
Vending Machines			X		X	
Family Changing Rooms	2	1		2	1	1
Bathhouse with Coin Lockers	X	X	X	X	X	padlock
Large Shade Umbrellas	X	X	X	X	X	
Party Shelter for Rental	X			X		
Pool Available for Rental		X	X	X	X	X

POOL LOCATIONS

Bender (Indoor) Swimming Pool
940 14th Avenue SE
(319) 286-5790

Bever Swimming Pool
2700 Bever Avenue SE
(319) 286-5791

Cherry Hill Aquatic Center
341 Stoney Point Road NW
(319) 286-5792

Ellis Swimming Pool
2000 Ellis Boulevard NW
(319) 286-5793

Jones Swimming Pool
201 Wilson Avenue Drive SW
(319) 286-5794

Noelridge Aquatic Center
1248 42nd Street NE
(319) 286-5795

Pool Features Information for Use

CROCODILE WALK

Must be a minimum of 54" tall or pass deep water swim test each summer to use. Water depth is 48". Appropriate for all ages meeting height/swim requirements.

DROP SLIDES & DIVING BOARDS

Deep water swim test required each summer prior to the first use. Water depth is 11-15 ft. Appropriate for all ages meeting skill requirement.

FROG, OTTER & TURTLE SLIDES

Located in shallow water. Water depth is 18" Appropriate for most ages.

LARGE WATER PLAY FEATURES

Appropriate for all ages. Water depth 8-20".

TURN AND SPEED SLIDES

Must be a minimum of 48" tall to use. (See signs.) Water depth is 42". Appropriate for all ages meeting height requirement.

DAISY FLOWER, FLOOR GEYSERS, FROG CANNONS, RAINDROP, TUMBLE BUCKETS, WATER SNAKE, WATER CURTAIN

Water depth is 0-18". Appropriate for all ages.

SAND PLAY STATIONS

Appropriate for ages 2-12 years.

*Features may not be available at all times. Watch for posted signs or inquire at the pool.



POOL SCHEDULES MAY 28 - JUNE 2

Noelridge

SAT, SUN: MAY 28, 29

11:45am-12:45pm Lap Swim

1-6pm Open Swim

MON: MAY 30 (MEMORIAL DAY)

11:45am-12:45pm Lap Swim

1-5pm Open Swim

All Pools Kick Off Swim

THURS: JUNE 2

5:15-6:15pm Lap Swim

6:30-8:30pm Open Swim

POOL RENTALS

Bever, Ellis and Jones Pools are available to rent starting at \$250. Cherry Hill Aquatic Center is available for rental to large groups for two hour time blocks by special arrangement only. Reservations and payment must be made at least two weeks in advance. Rates vary depending on pool and number of swimmers. Call (319) 286-5731 for prices and to make reservations.

SHELTER RENTALS

The pool shelters at Cherry Hill and Noelridge are available for rental. Reservations and payment must be made at least one week in advance.

Reservations:

Call (319) 286-5731

Fee: \$25/Open Swim M-F or \$35/Open Swim Sa-Su

POOL SCHEDULES JUNE 3 - AUGUST 7

Call the pool or go to CRREC.org for changes to daily schedules.

Admission is free for infants under 6 months of age.

Not all pools may be open for all programs/water features even though the pass may be valid.

BEVER SCHEDULE (286-5791)

Closed July 4 at 5pm. Call pool for other closings.

Activity	Days	Times	Cost
Open Swim	M-Su	1-5pm	\$4.50
Open Swim	M-F	6:30-8:30pm	\$4.00
Lap Swim	M-Su	11:45am-12:45pm	\$4.25
Water Exercise (Begins 6/7)	Tu/Th	5:20-6:15pm	\$4.50
Youth Swim Lessons		See page 63	
Pool Rental	Sa/Su	6-8pm (See left column)	

CHERRY HILL SCHEDULE (286-5792)

Closed July 4 at 5pm and July 16 all day. Call pool for other closings.

Activity	Days	Times	Cost
Open Swim	M-F	1-5pm	\$5.00
Open Swim	M/W/F	6:30-10pm	\$5.00
Open Swim	Tu/Th	6:30-8:30pm	\$4.50
Open Swim	Sa	1-8pm	\$5.00
Open Swim	Su	1-6pm	\$5.00
Lap Swim	M-F, Su	11:45am-12:45pm	\$4.25
Lap Swim	Tu/Th	5:15-6:15pm	\$4.25
Lap Swim	Sa	11:15am-12:45pm	\$4.25
Youth Swim Lessons		See page 65-66	
Pool Shelter Rental	M-Su	See left column	
Pool Rental	Su	7-9pm (See left column)	

ELLIS SCHEDULE (286-5793)

Closed July 4 at 5pm. Call pool for other closings.

Activity	Days	Times	Cost
Open Swim	M/W/F/Sa/Su	1-5pm	\$4.50
Open Swim	M/W	6:30-8:30pm	\$4.00
Open Swim	Tu/Th	1-8:30pm	\$4.50
Adult Swim	Tu/Th	10am-12:45pm	\$4.25
Lap Swim	M/W/F	11:15am-12:45pm	\$4.25
Lap Swim	M/W	5:15-6:15pm	\$4.25
Lap Swim	Sa/Su	11:45am-12:45pm	\$4.25
Youth Swim Lessons		See page 64	
Pool Rental	F/Sa	6-8pm (See left column)	

POOL RULES

General pool rules, health and safety requirements and the pool closing policy are on page 56. They are also available online at CRREC.org.

JONES SCHEDULE (286-5794)
Closed July 4 at 5pm. Call pool for other closings.

Activity	Days	Times	Cost
Open Swim	M/W/F/Sa/Su	1-5pm	\$4.50
Open Swim	M/W/F	6:30-8:30pm	\$4.00
Open Swim	Tu/Th	1-8:30pm	\$4.50
Lap Swim	M-Th/Sa/Su	11:45am-12:45pm	\$4.25
Youth Swim Lessons		See page 66	
Pool Rental	Su	6-8pm (See page 54)	

NOELRIDGE SCHEDULE (286-5795)
Closed July 4 at 5pm. Call pool for other closings.

Activity	Days	Times	Cost
Open Swim	M-F	1-5pm	\$5.00
Open Swim	M-F	6:30-8:30pm	\$4.50
Open Swim	Sa	1-6pm	\$5.00
Open Swim	Su	1-8pm	\$5.00
Lap Swim	M-Su	11:45am-12:45pm	\$4.25
Lap Swim	M/W/F	5:15-6:15pm	\$4.25
Family Swim (Begins 6/9)	Tu/Th/Sa	9:30-11:30am	\$4.50
Youth Swim Lessons		See page 67-68	
Pool Shelter Rental	M-Su	See page 54	

**POOL SCHEDULES
AUG 8 - SEPT 5**

Schedules and slide/water feature availability may vary. Call the pool or go to **CRREC.org** for changes.

Bender

MAY 21-AUG 5
Reopens Aug 22

Jones

MON-FRI: AUG 8-12
11:45am-12:45pm Lap Swim
1-6pm Open Swim
Closes 5pm on Aug 12

Bever

MON-THURS: AUG 8-11
11:45am-12:45pm Lap Swim
1-6pm Open Swim
Closes 5pm on Aug. 11

Ellis

MON, WED, FRI: AUG 8, 10, 12
11:15am-12:45pm Lap Swim
1-6pm Open Swim
Closes 5pm on Aug. 12

TUES, THURS: AUG 9, 11
10am-12:45pm Adult Swim
1-6pm Open Swim
Closes 5pm on Aug. 12

**POOL SCHEDULES
AUG 8 - SEPT 5**

Schedules and slide/water feature availability may vary. Call the pool or go to **CRREC.org** for changes.

Cherry Hill

MON-FRI: AUG 8-12, AUG 15-19
11:45am-12:45pm Lap Swim
1-5pm Open Swim
5:15-6:15pm Lap Swim
6:30-8:30pm Open Swim

SAT, SUN: AUG 13, 14, 20, 21, 27
11:45am-12:45pm Lap Swim
1-6pm Open Swim

SUN: AUG 28
11:45am-12:45pm Lap Swim
1-5pm Open Swim
Closes 5pm on Aug 28

Noelridge

**MON, WED, FRI:
AUG 8, 10, 12, 15, 17, 19**
11:45am-12:45pm Lap Swim
1-5pm Open Swim
5:20-6:15pm Lap Swim
6:30-8pm Open Swim

TUES, THURS: AUG 9, 11, 16, 18
11:45am-12:45pm Lap Swim
1-5pm Open Swim
5:20-6:15pm Water Exercise
6:30-8pm Open Swim

**SAT, SUN:
AUG. 13, 14, 20, 21, 27, 28, SEPT 3, 4**
11:45am-12:45pm Lap Swim
1-6pm Open Swim

MON: SEPT. 5 (LABOR DAY)
11:45am-12:45pm Lap Swim
1-5pm Open Swim
Closes 5pm on Sept 5



Be Safe, Have Fun GENERAL POOL RULES

GENERAL RULES

- Everyone entering the pool must pay or have a valid season pass. Infants under six months are free.
- Actual swim attire is required. Fibers from street clothing damage the pool filter. (Sorry, no basketball shorts.)
- Deep End Test: To use diving boards or swim in water over 5 feet, you must take the test at any pool where you swim each year.
- Concessions are available. No outside food, beverages, alcohol or coolers.

OPEN AND FAMILY SWIMS

- Children ages 5 & under must be supervised by an adult within arm's length.
- Youths ages 6-10 must be supervised by an adult or responsible person at least age 14.
- Water and float toys allowed only at Family, Evening and Weekend Swims.
- Water wings/*floaties*, large inner tubes, swimsuits with removable floats and life jackets are not allowed.
- Snorkels, masks that cover the nose and diving sticks are not allowed at Open or Family Swims.

LAP SWIMS

- For ages 15 or older. Children may not attend with swimmers. Youths, ages 11-14, may attend lap swim at Jones or evening lap swim at Ellis. Only lap lanes are open at this time.
- A walking lane is available at some sites. A lap lane is available at Ellis Pool during Open Swims.
- Lap swimmers are allowed entry into the locker room 10 minutes prior to the starting time and into the pool at exact starting time.
- Always circle swim. Stay to the right of the black line in your lane, swimming counter-clockwise.
- Noodles are not permitted.

HEALTHY SWIMMING

- Shower before entering the pool.
- Do not swim for two weeks after you or your child has had diarrhea.
- Non toilet-trained children must wear swim diapers. Swim diapers may be purchased at the pool.
- Changing stations are available in all restrooms.

ADULT 50+ SWIMS

A swim for ages 50 or older.

ADULT SWIMS

A swim for ages 18 or older with no slides available.

Additional pool rules are online at CRREC.org and are posted at each pool.

PUBLIC SWIM FACILITY CLOSING POLICY

Pools and aquatic centers may not open or may close early for the following reasons:

- Air temperature below 70 degrees (Lap Swim: air temperature below 60 degrees)
- 20 people or less in the facility for a period of one hour (50 people or less at Noelridge and Cherry Hill)
- Lightning/severe storm in area
- Mechanical problems
- Poor water quality
- Special events/situations
- Darkness
- Maximum bather limit reached (When pool reaches capacity, patrons may be turned away and referred to another facility)
- Other reasons deemed necessary by Parks & Recreation



Bender Programs

OPEN SWIM

(All Ages)

Fun for all and affordable! Food is not allowed. Flotation devices are allowed crowd permitting.

LAP SWIM

(15+ yrs.)

Take time for yourself. This is a good time for water walking. The baby pool will be closed. Noodles will not be permitted.

ADULT 50+ SWIM

Open swim for ages 50 or over.

WATER EXERCISE

(15+ yrs.)

Concentrate on stretching, strengthening, flexibility and range of motion exercises during an aerobic workout. Drop-in program, preregistration is not required. Current season pass or punch pass may be used.

OPEN WATER EXERCISE

(15+ yrs.)

Experience water exercise at your own pace with no instructor. Current season pass or punch pass may be used.

AQUATHERAPY

(15+ yrs.)

Exercise at your own pace in the comfort of warm water. If you are in need of special assistance in dressing or in the locker rooms, please make your own arrangements. Anyone entering the water must pay. Current season pass or punch pass may be used.



BENDER INDOOR POOL SCHEDULES APRIL 1 - MAY 21

BENDER SCHEDULE April 1-May 21 (286-5790)

Call pool for other closings.

Activity	Days	Times	Cost
Open Swim (Ends 5/13)	F	4-8pm	\$4.50
Open Swim (Ends 5/15)	Su	1-4pm	\$4.50
Adult 50+	M/W/F	2-3:30pm	\$3.75
Lap Swim	M/W/F	11am-12:45pm	\$4.25
Lap Swim	M/W	6:30-7:25pm	\$4.25
Lap Swim	Sa	7-8:15am	\$4.25
Lap Swim (Ends 5/15)	Su	11:15am-12:45pm	\$4.25
Water Exercise	M-F	9-9:55am	\$4.50
Water Exercise	M/W	5:30-6:25pm	\$4.50
Open Exercise	M/W/F	1-1:55pm	\$3.50
Aquatherapy	M/W/F	10-10:55am	\$3.50

MAY 22 - AUGUST 5

BENDER SCHEDULE May 22-August 5 (286-5790)

Closed May 28-30, July 4, August 6-21. Call pool for other closings.

Activity	Days	Times	Cost
Adult 50+	M/W/F	2-3:30pm	\$3.75
Lap Swim	M/W/F	11am-12:45pm	\$4.25
Lap Swim (5/23, 5/25, 6/1)	M/W	6:30-7:25pm	\$4.25
Water Exercise	M/W/F	9-9:55am	\$4.50
Water Exercise	Tu/Th	7:45-8:40am	\$4.50
Water Exercise (5/23, 5/25, 6/1)	M/W	5:30-6:25pm	\$4.50
Aquatherapy	M/W/F	10-10:55am	\$3.50
Open Exercise	M/W/F	1-1:55pm	\$3.50
Youth Swim Lessons		See page 61-62	

Summer Punch Passes

May be used by an individual, a group or transferred to another person for any age appropriate public swim and water exercise class. No photo required. Passes valid May 22 but expire on the 16th punch or September 5, 2016, whichever comes first. Purchase passes at the pool before noon or after 3pm. Non-refundable \$61



ACTIVE CHOICE
Choose A High
Activity Program

Lifeguard Classes

AMERICAN RED CROSS LIFEGUARD TRAINING

(15+ yrs.)

Class begins at Ambroz. Successful completion results in certification as a lifeguard. Prerequisite skills test must be completed/passed prior to the first day of class. Skills assessed will be 300 yd. swim, timed 10 lb. brick retrieval, and 2 minutes treading water. Must be age 15 by the last day of class.

April Class (Register by 4/12)

#304209-03 F-Su 4/15-4/17
\$148 (R \$140) Ambroz/Bender

Pre-Test (Attend only one):

Su 4/10 7-8pm
Tu 4/12 7:30-8:30pm

Class:

F 4/15 5-10pm
Sa 4/16 8am-9pm
Su 4/17 8am-9pm

May Class (Register by 5/17)

#304209-04 F-Su 5/20-5/22
\$148 (R \$140) Ambroz/Bender

Pre-Test (Attend only one):

Su 5/15 7-8pm
M 5/16 7:30-8:30pm

Class:

F 5/20 5-10pm
Sa 5/21 8am-9pm
Su 5/22 8am-9pm

June Class (Register by 6/8)

#104209-02 F-Su 6/10-6/12
\$148 (R \$140) Ambroz/Bender

Pre-Test (Attend only one):

M 6/6 7:45-8:45pm
Tu 6/7 7:45-8:45pm

Class:

F 6/10 5-10pm
Sa 6/11 8am-9pm
Su 6/12 8am-9pm



JUNIOR LIFEGUARDING

(13-14 yrs.)

What does it take to be a lifeguard? Learn the causes and ways to prevent drowning and develop the knowledge, attitude and skills for being a professional rescuer. Must be able to:

- Swim front crawl for 25 yards breathing to the front or side
- Tread water for 1 minute
- Submerge and swim a distance of 10 feet under water

#104713-01 Sa 6/4-7/9 11:15am-12:30pm
\$62 (R \$55) Cherry Hill

LIFEGUARD REVIEW

(15+ yrs.)

Has it been two years since you last took a lifeguarding class? This class is for participants to demonstrate their knowledge and skill competency with little or no review. (Current lifeguard certifications are required.) Successful completion of this class renews your lifeguard, first aid, CPR-P, and AED. Bring pocket mask, book, suit, and towel.

April Class (Register by 3/31)

#304221-04 Sa 4/2 1-8pm
\$93 (R \$85) Ambroz/Bender

WATER SAFETY INSTRUCTOR-WSI (16+ yrs.)

Successful completion results in certification to teach all levels of swim lessons. Participants must attend all sessions and be 16 years of age by the end of the class.

April/May Class (Register by 4/25)

#304212-03 F-Su 4/29-5/1
\$158 (R \$150) Ambroz/Bender

Class:

F 4/29 5-10pm
Sa 4/30 8am-9pm
Su 5/1 8am-9pm

Outdoor Pool Aquatics Programs

PRIVATE LESSONS

(3+ yrs.)

Private (1 instructor/1 student) and semi-private (1 instructor/2 students of the same skill level) 30-minute lessons are available for kids or adults. Call 286-5741 for day/time.

Private Lessons \$40 (R \$33)/lesson
Semi-Private Lessons \$45 (R \$38)/lesson

TWEEN/TEEN GROUP LESSONS

(11-16 yrs.)

It's never too late to learn to swim! This class is for beginner level teens to learn basic swimming skills with others their own age.

11-13 years

#104413-01 Sa 6/4-7/9 9:30-10:10am
\$49 (R \$42) Ellis

14-16 years

#104412-01 Sa 6/4-7/9 9:30-10:10am
\$49 (R \$42) Ellis

BEGINNER ADULT LESSONS

(17+ yrs.)

Wish you could swim better? This is the perfect opportunity for you to learn. Classes are for beginner level swimmers or those with minimal formal instruction.

#104415-01 Sa 6/4-7/9 9:30-10:10am
\$49 (R \$42) Ellis

TOP 10 SUMMER JOBS



#1



Lifeguard at CR Pools

Application Information at CityofCR.com 319.286.5731

COMPETITIVE SWIM LEAGUE
(6-17 yrs.)

Enjoy friendly competition. Age divisions: 8 & under, 9-10, 11-12, 13-14, 15-17. Weekly meets, Tuesdays at 7am or 5pm, and the All City Meet Saturday, July 16 at Cherry Hill highlight the season. End of season event will be held on Sunday, July 17. Requirement: Child must be able to swim 25 yards without stopping to participate. Please have a T-shirt size ready when you register.

League Kickoff (All Participants & Parents)
Su 6/5 6:30-8pm
Meet at Bever (Receive your first week's schedule at this meeting) Be ready to swim.

#104314-01 M/W/F 6/6-7/17 9-10am
\$58 (R \$50) Bever
#104614-01 M/W/F 6/6-7/17 7:30-8:30am
\$58 (R \$50) Noelridge
*PARENTS: Meets depend on parents to help with timing events. Please volunteer.

SESSION DATES

BENDER, BEVER, ELLIS
(Saturday sessions - meet 6 times)

SAT: 6/4-7/9

BEVER, JONES, CHERRY HILL
(2 week sessions - meet 6, 9 or 10 times)

AA: 6/13-6/24
BB: 6/27-7/8 (no class 7/4)
CC: 7/11-7/22
DD: 7/25-8/5

BENDER, ELLIS, NOELRIDGE
(3 week sessions - meet 6 or 9 times)

A: 6/6-6/24
B: 6/27-7/15
C: 7/18-8/5

WEATHER CANCELLATION
HOTLINE 319 286-5700

SWIMMING LESSON INFORMATION

REGISTRATION INFORMATION

Advanced registration is required. Choose the session, then pick the level and time of the desired class from the charts on pages 61-68. Register using the corresponding number. On the Friday before the session begins, limited registration may be available.

HOW TO REGISTER

Before the Pools Open:

- Call or walk in to Ambroz or City Services Centers (319) 286-5731
- Online at **CRREC.org**

Once the Pools are Open:

- Same as above OR
- Walk in to any pool before 12pm or after 3pm when open

WITHDRAWALS, REFUNDS, TRANSFERS

Withdrawals and transfers will be honored if they are made by 5pm the Wednesday before the first day of class. In all cases a \$4 nonrefundable handling fee will be deducted from the refund. Once the Thursday before the first day of class arrives, refunds are not issued unless the program is cancelled by Parks & Recreation.

YOUTH SUPERVISION POLICY

Children are supervised by staff during scheduled class time only. Please make arrangements for your child before and after class.

LOW/HIGH ENROLLMENT

Classes not making the minimum enrollment may be cancelled. Maximums are not guaranteed.



AGE REQUIREMENT

If your child turns the minimum age required within 30 days of the start of the program, they may be registered for that program unless an exception is noted otherwise.

IMPORTANT: If your child does not meet the age requirement, the computer will reject your registration and your child will not be enrolled. In this instance, you cannot register online. Call the Ambroz Recreation Center office, 286-5731.

WEATHER CANCELLATIONS

Classes are cancelled if dangerous weather conditions exist at the time of the lesson. Dangerous weather conditions are lightning and/or a severe storm. Call the appropriate pool for cancellations. Cancelled classes may not be able to be made up.

COOL WEATHER

Lessons are held even on cool days. Swimmers might not be in the water if it's too cold.

POOL CLOSINGS

If a pool is unexpectedly closed, lessons are also cancelled with no guarantee of being made up.

HEALTH REQUIREMENT

If your child is sick, he/she may not enter the water for two weeks after the last episode of diarrhea.

AMERICAN RED CROSS SWIMMING LESSONS



PARENT/CHILD

✓ **PUDDLEJUMPERS** (Parent & Child 6 mos.-3 yrs.)

The purpose of this class is to expose the child to water adjustment skills. Front kicking, underwater exploration, and entering and exiting the water will be covered. One parent per child.

SCHOOL AGE LEVELS

Read each level carefully and compare the skills listed to those your child is currently able to perform.

If you are certain that your child can complete the "TO PASS" skills, then register them for the next higher level if he/she is the appropriate age.

Note: In most cases, it will take a child more than one session of lessons to pass the level.

LEVEL 1 - INTRODUCTION TO WATER SKILLS

(3-5 yrs.)

Must be age 3 by the first day of class. Four year-olds who have passed a Level 1 class may go to Level 2

SKILLS INCLUDE:

- Putting face/head under water
- Floating
- Blowing bubbles
- Gliding on front/back

TO PASS:

- Enter independently, bob unassisted
- Glide on front, roll to back and return to vertical (with support if needed)

LEVEL 2 - FUNDAMENTAL WATER SKILLS

(5-10 yrs.)

Four year-olds may participate if they have passed Level 1

SKILLS INCLUDE:

- Bobbing
- Floating unsupported
- Front/back glides
- Combined stroke unsupported

TO PASS:

- Enter chest deep water, front float, roll to back float, return to vertical (Repeat starting with back float)
- Swim using combined front stroke, roll to back and float, return to front and continue swimming

LEVEL 3 - STROKE DEVELOPMENT

(5-10 yrs.) Must pass Level 2

SKILLS INCLUDE:

- Front crawl stroke
- Rotary breathing
- Elementary backstroke
- Breast stroke/dolphin/scissors kicks
- Treading
- Sitting/kneeling dives

TO PASS:

- Jump into deep water, recover to surface, maintain position by floating/treading, swim front crawl or elementary backstroke, exit water
- Swim front crawl, change position and direction and swim elementary backstroke, exit water
- Lengths under water
- Swim breast stroke, change direction and swim back crawl

LEVEL 4 - STROKE IMPROVEMENT (6-11 yrs.) Must pass Level 3

SKILLS INCLUDE:

- Breast stroke
- Side stroke
- Back crawl
- Butterfly
- Dives from side
- Open Turns

TO PASS:

- Perform feet-first entry into deep water, swim front crawl, change direction and swim elementary backstroke
- Submerge and swim 3-5 body lengths under water
- Swim breast stroke, change direction and swim back crawl

LEVEL 5 - STROKE REFINEMENT (7-11 yrs.) Must pass Level 4

SKILLS INCLUDE:

- Side stroke
- Shallow dives
- Flip turns
- Survival float
- Stroke refinement

TO PASS:

- Perform shallow dive into deep water, swim front crawl, change direction and swim elementary backstroke
- Swim breast stroke, change direction and swim back crawl

LEVEL 6 - FITNESS SWIMMER, FUNDAMENTALS OF DIVING

(7-11 yrs.)

Must pass Level 5. The student works on ease, efficiency, power and smoothness in this level.

SKILLS INCLUDE:

- Refinement of strokes for ease, efficiency, power and smoothness

TO PASS:

- Swim 500 yards consecutively
- Complete a 12 minute swim

**CLASS DATES/TIMES
ON PAGES 61-68**

Bender Indoor Swim Lessons

Session Dates: **Saturdays 6/4-7/9 (6 weeks)**
 "B" 6/27-7/15 (3 weeks)

"A" 6/6-6/24 (3 weeks)
"C" 7/18-8/5 (3 weeks)

PUDDLEJUMPERS Classes at Bender							
SAT	A	B	C	Days	Times	Fee	Res Fee
X	104208-02	X	X	M/W	5:30-6pm	\$49	\$42
X	104208-01	X	X	M/W	6:50-7:20pm	\$49	\$42
X	104208-12	104208-05	104208-08	Tu/Th	9-9:30am	\$49	\$42
X	104208-03	104208-06	104208-09	Tu/Th	5:30-6pm	\$49	\$42
X	104208-04	104208-07	104208-10	Tu/Th	6:50-7:20pm	\$49	\$42
104208-11	X	X	X	Sa	11-11:30am	\$49	\$42

LEVEL 1 Classes at Bender							
SAT	A	B	C	Days	Times	Fee	Res Fee
X	104201-03	X	X	M/W	5:30-6pm	\$49	\$42
X	104201-01	X	X	M/W	6:10-6:40pm	\$49	\$42
X	104201-02	X	X	M/W	6:50-7:20pm	\$49	\$42
X	104201-04	104201-10	104201-17	Tu/Th	9-9:30am	\$49	\$42
X	104201-05	104201-11	104201-18	Tu/Th	9:40-10:10am	\$49	\$42
X	104201-06	104201-12	104201-19	Tu/Th	10:20-10:50am	\$49	\$42
X	104201-26	104201-13	104201-20	Tu/Th	11-11:30am	\$49	\$42
X	104201-07	104201-14	104201-21	Tu/Th	5:30-6pm	\$49	\$42
X	104201-08	104201-15	104201-22	Tu/Th	6:10-6:40pm	\$49	\$42
X	104201-09	104201-16	104201-23	Tu/Th	6:50-7:20pm	\$49	\$42
104201-24	X	X	X	Sa	10:20-10:50am	\$49	\$42
104201-25	X	X	X	Sa	11-11:30am	\$49	\$42

LEVEL 2 Classes at Bender							
SAT	A	B	C	Days	Times	Fee	Res Fee
X	104202-03	X	X	M/W	5:30-6:10pm	\$52	\$45
X	104202-01	X	X	M/W	6:15-6:55pm	\$52	\$45
X	104202-02	X	X	M/W	7-7:40pm	\$52	\$45
X	104202-04	104202-10	104202-17	Tu/Th	8:45-9:25am	\$52	\$45
X	104202-05	104202-11	104202-18	Tu/Th	9:30-10:10am	\$52	\$45
X	104202-06	104202-12	104202-19	Tu/Th	10:15-10:55am	\$52	\$45
X	104202-26	104202-13	104202-20	Tu/Th	11-11:40am	\$52	\$45
X	104202-07	104202-14	104202-21	Tu/Th	5:30-6:10pm	\$52	\$45
X	104202-08	104202-15	104202-22	Tu/Th	6:15-6:55pm	\$52	\$45
X	104202-09	104202-16	104202-23	Tu/Th	7-7:40pm	\$52	\$45
104202-24	X	X	X	Sa	10:15-10:55am	\$52	\$45
104202-25	X	X	X	Sa	11-11:40am	\$52	\$45

Continued on page 62

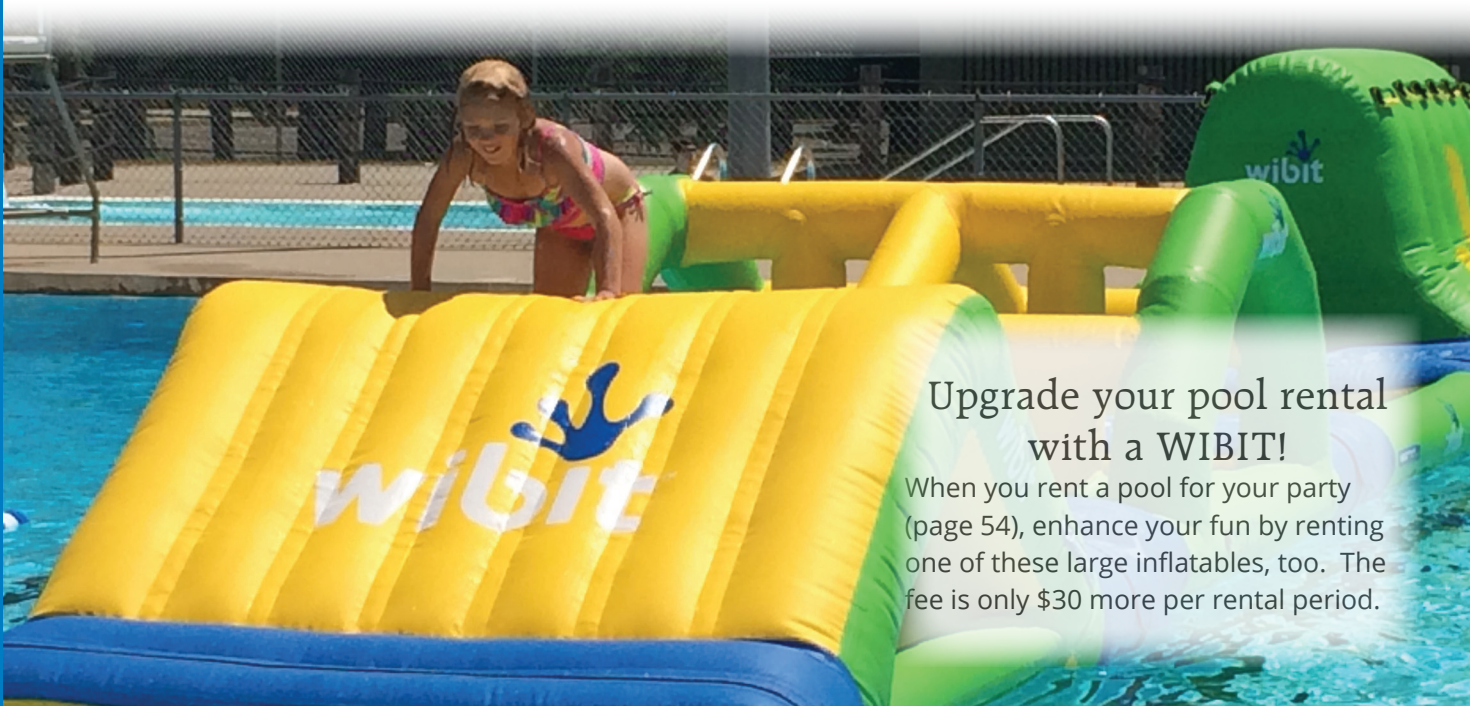
Bender Swim Lessons

Session Dates: Saturdays 6/4-7/9 (6 weeks)
"B" 6/27-7/15 (3 weeks)

"A" 6/6-6/24 (3 weeks)
"C" 7/18-8/5 (3 weeks)

LEVEL 3 Classes at Bender								
SAT	A	B	C	Days	Times	Fee	Res Fee	
X	104203-03	X	X	M/W	5:30-6:10pm	\$52	\$45	
X	104203-01	X	X	M/W	6:15-6:55pm	\$52	\$45	
X	104203-02	X	X	M/W	7-7:40pm	\$52	\$45	
X	104203-04	104203-08	104203-13	Tu/Th	8:45-9:25am	\$52	\$45	
X	104203-20	104203-09	104203-14	Tu/Th	10:15-10:55am	\$52	\$45	
X	104203-05	104203-10	104203-15	Tu/Th	5:30-6:10pm	\$52	\$45	
X	104203-06	104203-11	104203-16	Tu/Th	6:15-6:55pm	\$52	\$45	
X	104203-07	104203-12	104203-17	Tu/Th	7-7:40pm	\$52	\$45	
104203-18	X	X	X	Sa	10:15-10:55am	\$52	\$45	
104203-19	X	X	X	Sa	11-11:40am	\$52	\$45	

LEVEL 4 Classes at Bender								
SAT	A	B	C	Days	Times	Fee	Res Fee	
X	104204-03	X	X	M/W	5:30-6:10pm	\$52	\$45	
X	104204-01	X	X	M/W	6:15-6:55pm	\$52	\$45	
X	104204-02	X	X	M/W	7-7:40pm	\$52	\$45	
X	104204-04	104204-08	104204-13	Tu/Th	9:30-10:10am	\$52	\$45	
X	104204-20	104204-09	104204-14	Tu/Th	11-11:40am	\$52	\$45	
X	104204-05	104204-10	104204-15	Tu/Th	5:30-6:10pm	\$52	\$45	
X	104204-06	104204-11	104204-16	Tu/Th	6:15-6:55pm	\$52	\$45	
X	104204-07	104204-12	104204-17	Tu/Th	7-7:40pm	\$52	\$45	
104204-18	X	X	X	Sa	10:15-10:55am	\$52	\$45	
104204-19	X	X	X	Sa	11-11:40am	\$52	\$45	



Upgrade your pool rental with a WIBIT!

When you rent a pool for your party (page 54), enhance your fun by renting one of these large inflatables, too. The fee is only \$30 more per rental period.

Bever Swim Lessons

Session Dates:

Saturdays 6/4-7/9 (6 weeks) **"AA" 6/13-6/24 (2 weeks)**
"BB" 6/27-7/8 (2 weeks-No class 7/4) **"CC" 7/11-7/22 (2 weeks)** **"DD" 7/25-8/5 (2 weeks)**

PUDDLE JUMPERS Morning Classes at Bever										
SAT	AA	BB	CC	DD	Days	Times	Fee	Res Fee	BB Fee	BB Res Fee
104308-05	X	X	X	X	Sa	10:20-10:50am	\$44	\$37	\$38	\$31
104308-06	X	X	X	X	Sa	11-11:30am	\$44	\$37	\$38	\$31
X	104308-01	104308-02	104308-03	104308-04	M-F	11-11:30am	\$47	\$40	\$43	\$36

LEVEL 1 Classes at Bever										
SAT	AA	BB	CC	DD	Days	Times	Fee	Res Fee	BB Fee	BB Res Fee
104301-17	X	X	X	X	Sa	10:20-10:50am	\$44	\$37	\$38	\$31
104301-18	X	X	X	X	Sa	11-11:30am	\$44	\$37	\$38	\$31
X	104301-01	104301-05	104301-09	104301-13	M-F	10:20-10:50am	\$47	\$40	\$43	\$36
X	104301-02	104301-06	104301-10	104301-14	M-F	11-11:30am	\$47	\$40	\$43	\$36
X	104301-03	104301-07	104301-11	104301-15	M/W/F	5:10-5:40pm	\$44	\$37	\$38	\$31
X	104301-04	104301-08	104301-12	104301-16	M/W/F	5:45-6:15pm	\$44	\$37	\$38	\$31

LEVEL 2 Classes at Bever										
SAT	AA	BB	CC	DD	Days	Times	Fee	Res Fee	BB Fee	BB Res Fee
104302-13	X	X	X	X	Sa	10:15-10:55am	\$49	\$42	\$42	\$35
104302-14	X	X	X	X	Sa	11-11:40am	\$49	\$42	\$42	\$35
X	104302-01	104302-04	104302-07	104302-10	M-F	10:15-10:55am	\$52	\$45	\$48	\$41
X	104302-02	104302-05	104302-08	104302-11	M-F	11-11:40am	\$52	\$45	\$48	\$41
X	104302-03	104302-06	104302-09	104302-12	M/W/F	5:30-6:10pm	\$49	\$42	\$42	\$35

LEVEL 3 Classes at Bever										
SAT	AA	BB	CC	DD	Days	Times	Fee	Res Fee	BB Fee	BB Res Fee
104303-13	X	X	X	X	Sa	10:15-10:55am	\$49	\$42	\$42	\$35
X	104303-01	104303-04	104303-07	104303-10	M-F	10:15-10:55am	\$52	\$45	\$48	\$41
X	104303-02	104303-05	104303-08	104303-11	M-F	11-11:40am	\$52	\$45	\$48	\$41
X	104303-03	104303-06	104303-09	104303-12	M/W/F	5:30-6:10pm	\$49	\$42	\$42	\$35

LEVEL 4 Classes at Bever										
SAT	AA	BB	CC	DD	Days	Times	Fee	Res Fee	BB Fee	BB Res Fee
104304-13	X	X	X	X	Sa	11-11:40am	\$49	\$42	\$42	\$35
X	104304-01	104304-04	104304-07	104304-10	M-F	10:15-10:55am	\$52	\$45	\$48	\$41
X	104304-02	104304-05	104304-08	104304-11	M-F	11-11:40am	\$52	\$45	\$48	\$41
X	104304-03	104304-06	104304-09	104304-12	M/W/F	5:30-6:10pm	\$49	\$42	\$42	\$35

LEVEL 5 Classes at Bever										
SAT	AA	BB	CC	DD	Days	Times	Fee	Res Fee	BB Fee	BB Res Fee
X	104305-01	104305-03	104305-05	104305-07	M-F	10:15-10:55am	\$52	\$45	\$48	\$41
X	104305-02	104305-04	104305-06	104305-08	M/W/F	5:30-6:10pm	\$49	\$42	\$42	\$35

Ellis Swim Lessons

Session Dates:

Saturdays 6/4-7/9
(6 weeks)

"A" 6/6-6/24
(3 weeks)

"B" 6/27-7/15
(3 weeks - No class 7/4)

PUDDLE JUMPERS Classes at Ellis									
SAT	A	B	Days	Times	Fee	Res Fee	B Fee	B Res Fee	
104408-01	X	X	Sa	10:20-10:50am	\$44	\$37	X	X	
104408-02	X	X	Sa	11-11:30am	\$44	\$37	X	X	

LEVEL 1 Classes at Ellis									
SAT	A	B	Days	Times	Fee	Res Fee	B Fee	B Res Fee	
104401-07	X	X	Sa	10:20-10:50am	\$44	\$37	X	X	
104401-08	X	X	Sa	11-11:30am	\$44	\$37	X	X	
X	104401-01	104401-04	M/W/F	9:10-9:40am	\$44	\$37	\$40	\$33	
X	104401-02	104401-05	M/W/F	9:50-10:20am	\$44	\$37	\$40	\$33	
X	104401-03	104401-06	M/W/F	10:30-11am	\$44	\$37	\$40	\$33	

LEVEL 2 Classes at Ellis									
SAT	A	B	Days	Times	Fee	Res Fee	B Fee	B Res Fee	
104402-05	X	X	Sa	10:15-10:55am	\$49	\$42	X	X	
104402-06	X	X	Sa	11-11:40am	\$49	\$42	X	X	
X	104402-01	104402-03	M/W/F	9:30-10:10am	\$49	\$42	\$45	\$38	
X	104402-02	104402-04	M/W/F	10:15-10:55am	\$49	\$42	\$45	\$38	

LEVEL 3 Classes at Ellis									
SAT	A	B	Days	Times	Fee	Res Fee	B Fee	B Res Fee	
104403-05	X	X	Sa	10:15-10:55am	\$49	\$42	X	X	
104403-06	X	X	Sa	11-11:40am	\$49	\$42	X	X	
X	104403-01	104403-03	M/W/F	9:30-10:10am	\$49	\$42	\$45	\$38	
X	104403-02	104403-04	M/W/F	10:15-10:55am	\$49	\$42	\$45	\$38	

LEVEL 4 Classes at Ellis									
SAT	A	B	Days	Times	Fee	Res Fee	B Fee	B Res Fee	
104404-03	X	X	Sa	10:15-10:55am	\$49	\$42	X	X	
X	104404-01	104404-02	M/W/F	9:30-10:10am	\$49	\$42	\$45	\$38	

LEVEL 5 Classes at Ellis									
SAT	A	B	Days	Times	Fee	Res Fee	B Fee	B Res Fee	
104405-03	X	X	Sa	11-11:40am	\$49	\$42	X	X	
X	104405-01	104405-02	M/W/F	10:15-10:55am	\$49	\$42	\$45	\$38	

Cherry Hill Swim Lessons

Session Dates:

"AA" 6/13-6/24 (2 weeks)

"BB" 6/27-7/8 (2 weeks-No class 7/4)

"CC" 7/11-7/22 (2 weeks)

"DD" 7/25-8/5 (2 weeks)

PUDDLE JUMPERS Classes at Cherry Hill									
AA	BB	CC	DD	Days	Times	Fee	Res Fee	BB Fee	BB Res Fee
104708-01	104708-05	104708-09	104708-13	M-F	10:20-10:50am	\$47	\$40	\$43	\$36
104708-02	104708-06	104708-10	104708-14	M-F	11-11:30am	\$47	\$40	\$43	\$36
104708-03	104708-07	104708-11	104708-15	M/W/F	5:10-5:40pm	\$44	\$37	\$38	\$31
104708-04	104708-08	104708-12	104708-16	M/W/F	5:45-6:15pm	\$44	\$37	\$38	\$31

LEVEL 1 Classes at Cherry Hill									
AA	BB	CC	DD	Days	Times	Fee	Res Fee	BB Fee	BB Res Fee
104701-01	104701-06	104701-11	104701-16	M-F	9:40-10:10am	\$47	\$40	\$43	\$36
104701-02	104701-07	104701-12	104701-17	M-F	10:20-10:50am	\$47	\$40	\$43	\$36
104701-03	104701-08	104701-13	104701-18	M-F	11-11:30am	\$47	\$40	\$43	\$36
104701-04	104701-09	104701-14	104701-19	M/W/F	5:10-5:40pm	\$44	\$37	\$38	\$31
104701-05	104701-10	104701-15	104701-20	M/W/F	5:45-6:15pm	\$44	\$37	\$38	\$31

LEVEL 2 Classes at Cherry Hill									
AA	BB	CC	DD	Days	Times	Fee	Res Fee	BB Fee	BB Res Fee
104702-01	104702-05	104702-09	104702-13	M-F	9:30-10:10am	\$52	\$45	\$48	\$41
104702-02	104702-06	104702-10	104702-14	M-F	10:15-10:55am	\$52	\$45	\$48	\$41
104702-03	104702-07	104702-11	104702-15	M-F	11-11:40am	\$52	\$45	\$48	\$41
104702-04	104702-08	104702-12	104702-16	M/W/F	5:30-6:10pm	\$49	\$42	\$42	\$35

LEVEL 3 Classes at Cherry Hill									
AA	BB	CC	DD	Days	Times	Fee	Res Fee	BB Fee	BB Res Fee
104703-01	104703-05	104703-09	104703-13	M-F	9:30-10:10am	\$52	\$45	\$48	\$41
104703-02	104703-06	104703-10	104703-14	M-F	10:15-10:55am	\$52	\$45	\$48	\$41
104703-03	104703-07	104703-11	104703-15	M-F	11-11:40am	\$52	\$45	\$48	\$41
104703-04	104703-08	104703-12	104703-16	M/W/F	5:30-6:10pm	\$49	\$42	\$42	\$35

LEVEL 4 Classes at Cherry Hill									
AA	BB	CC	DD	Days	Times	Fee	Res Fee	BB Fee	BB Res Fee
104704-01	104704-05	104704-09	104704-13	M-F	9:30-10:10am	\$52	\$45	\$48	\$41
104704-02	104704-06	104704-10	104704-14	M-F	10:15-10:55am	\$52	\$45	\$48	\$41
104704-03	104704-07	104704-11	104704-15	M-F	11-11:40am	\$52	\$45	\$48	\$41
104704-04	104704-08	104704-12	104704-16	M/W/F	5:30-6:10pm	\$49	\$42	\$42	\$35

LEVEL 5 Classes at Cherry Hill									
AA	BB	CC	DD	Days	Times	Fee	Res Fee	BB Fee	BB Res Fee
104705-01	104705-04	104705-07	104705-10	M-F	9:30-10:10am	\$52	\$45	\$48	\$41
104705-02	104705-05	104705-08	104705-11	M-F	10:15-10:55am	\$52	\$45	\$48	\$41
104705-03	104705-06	104705-09	104705-12	M/W/F	5:30-6:10pm	\$49	\$42	\$42	\$35

Continued on page 66

Cherry Hill Swim Lessons

Session Dates:

"AA" 6/13-6/24 (2 weeks)

"BB" 6/27-7/8 (2 weeks-No class 7/4)

"CC" 7/11-7/22 (2 weeks)

"DD" 7/25-8/5 (2 weeks)

LEVEL 6 - FITNESS SWIMMER Classes at Cherry Hill									
AA	BB	CC	DD	Days	Times	Fee	Res. Fee	BB Fee	BB Res Fee
104706-01	X	104706-05	X	M-F	11-11:40am	\$52	\$45	\$48	\$41
104706-02	104706-04	104706-06	104706-08	M/W/F	5:30-6:10pm	\$49	\$42	\$42	\$35

LEVEL 6 - FUNDAMENTALS OF DIVING Classes at Cherry Hill									
AA	BB	CC	DD	Days	Times	Fee	Res. Fee	BB Fee	BB Res Fee
X	104706-03	X	104706-07	M-F	11-11:40am	\$52	\$45	\$48	\$41

Jones Swim Lessons

Session Dates:

"AA" 6/13-6/24 (2 weeks)

"BB" 6/27-7/8 (2 weeks-No class 7/4)

"CC" 7/11-7/22 (2 weeks)

"DD" 7/25-8/5 (2 weeks)

LEVEL 1 Classes at Jones									
AA	BB	CC	DD	Days	Times	Fee	Res Fee	BB Fee	BB Res Fee
104501-01	104501-04	104501-07	104501-10	M-F	10:20-10:50am	\$47	\$40	\$43	\$36
104501-02	104501-05	104501-08	104501-11	M-F	11-11:30am	\$47	\$40	\$43	\$36
104501-03	104501-06	104501-09	104501-12	M/W/F	5:30-6pm	\$44	\$37	\$38	\$31

LEVEL 2 Classes at Jones									
AA	BB	CC	DD	Days	Times	Fee	Res Fee	BB Fee	BB Res Fee
104502-01	104502-04	104502-07	104502-10	M-F	10:15-10:55am	\$52	\$45	\$48	\$41
104502-02	104502-05	104502-08	104502-11	M-F	11-11:40am	\$52	\$45	\$48	\$41
104502-03	104502-06	104502-09	104502-12	M/W/F	5:30-6:10pm	\$49	\$42	\$42	\$35

LEVEL 3 Classes at Jones									
AA	BB	CC	DD	Days	Times	Fee	Res Fee	BB Fee	BB Res Fee
104503-01	104503-04	104503-07	104503-10	M-F	10:15-10:55am	\$52	\$45	\$48	\$41
104503-02	104503-05	104503-08	104503-11	M-F	11-11:40am	\$52	\$45	\$48	\$41
104503-03	104503-06	104503-09	104503-12	M/W/F	5:30-6:10pm	\$49	\$42	\$42	\$35

LEVEL 4 Classes at Jones									
AA	BB	CC	DD	Days	Times	Fee	Res Fee	BB Fee	BB Res Fee
104504-01	104504-03	104504-05	104504-07	M-F	10:15-10:55am	\$52	\$45	\$48	\$41
104504-02	104504-04	104504-06	104504-08	M/W/F	5:30-6:10pm	\$49	\$42	\$42	\$35

LEVEL 5 Classes at Jones									
AA	BB	CC	DD	Days	Times	Fee	Res Fee	BB Fee	BB Res Fee
104505-01	104505-03	104505-05	104505-07	M-F	11-11:40am	\$52	\$45	\$48	\$41
104505-02	104505-04	104505-06	104505-08	M/W/F	5:30-6:10pm	\$49	\$42	\$42	\$35

Noelridge Swim Lessons

Session Dates:

"A" 6/6-6/24
(3 weeks)

"B" 6/27-7/15
(3 weeks-No class 7/4)

"C" 7/18-8/5
(3 weeks)

PUDDLE JUMPERS Classes at Noelridge								
A	B	C	Days	Times	Fee	Res Fee	B Fee	B Res Fee
104608-01	104608-05	104608-09	M/W/F	10:20-10:50am	\$44	\$37	\$40	\$33
104608-02	104608-06	104608-10	M/W/F	11-11:30am	\$44	\$37	\$40	\$33
104608-03	104608-07	104608-11	Tu/Th	5:10-5:40pm	\$44	\$37	\$44	\$37
104608-04	104608-08	104608-12	Tu/Th	5:45-6:15pm	\$44	\$37	\$44	\$37

LEVEL 1 Classes at Noelridge								
A	B	C	Days	Times	Fee	Res Fee	B Fee	B Res Fee
104601-01	104601-07	104601-13	M/W/F	9-9:30am	\$44	\$37	\$40	\$33
104601-02	104601-08	104601-14	M/W/F	9:40-10:10am	\$44	\$37	\$40	\$33
104601-03	104601-09	104601-15	M/W/F	10:20-10:50am	\$44	\$37	\$40	\$33
104601-04	104601-10	104601-16	M/W/F	11-11:30am	\$44	\$37	\$40	\$33
104601-05	104601-11	104601-17	Tu/Th	5:10-5:40pm	\$44	\$37	\$44	\$37
104601-06	104601-12	104601-18	Tu/Th	5:45-6:15pm	\$44	\$37	\$44	\$37

LEVEL 2 Classes at Noelridge								
A	B	C	Days	Times	Fee	Res Fee	B Fee	B Res Fee
104602-01	104602-06	104602-11	M/W/F	8:45-9:25am	\$49	\$42	\$45	\$38
104602-02	104602-07	104602-12	M/W/F	9:30-10:10am	\$49	\$42	\$45	\$38
104602-03	104602-08	104602-13	M/W/F	10:15-10:55am	\$49	\$42	\$45	\$38
104602-04	104602-09	104602-14	M/W/F	11-11:40am	\$49	\$42	\$45	\$38
104602-05	104602-10	104602-15	Tu/Th	5:30-6:10pm	\$49	\$42	\$49	\$42

LEVEL 3 Classes at Noelridge								
A	B	C	Days	Times	Fee	Res Fee	B Fee	B Res Fee
104603-01	104603-06	104603-11	M/W/F	8:45-9:25am	\$49	\$42	\$45	\$38
104603-02	104603-07	104603-12	M/W/F	9:30-10:10am	\$49	\$42	\$45	\$38
104603-03	104603-08	104603-13	M/W/F	10:15-10:55am	\$49	\$42	\$45	\$38
104603-04	104603-09	104603-14	M/W/F	11-11:40am	\$49	\$42	\$45	\$38
104603-05	104603-10	104603-15	Tu/Th	5:30-6:10pm	\$49	\$42	\$49	\$42

LEVEL 4 Classes at Noelridge								
A	B	C	Days	Times	Fee	Res Fee	B Fee	B Res Fee
104604-01	104604-06	104604-11	M/W/F	8:45-9:25am	\$49	\$42	\$45	\$38
104604-02	104604-07	104604-12	M/W/F	9:30-10:10am	\$49	\$42	\$45	\$38
104604-03	104604-08	104604-13	M/W/F	10:15-10:55am	\$49	\$42	\$45	\$38
104604-04	104604-09	104604-14	M/W/F	11-11:40am	\$49	\$42	\$45	\$38
104604-05	104604-10	104604-15	Tu/Th	5:30-6:10pm	\$49	\$42	\$49	\$42

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Noelridge Swim Lessons

Session Dates:

"A" 6/6-6/24
(3 weeks)

"B" 6/27-7/15
(3 weeks-No class 7/4)

"C" 7/18-8/5
(3 weeks)

LEVEL 5 Classes at Noelridge									
A	B	C	Days	Times	Fee	Res Fee	B Fee	B Res Fee	
104605-01	104605-06	104605-11	M/W/F	8:45-9:25am	\$49	\$42	\$45	\$38	
104605-02	104605-07	104605-12	M/W/F	9:30-10:10am	\$49	\$42	\$45	\$38	
104605-03	104605-08	104605-13	M/W/F	10:15-10:55am	\$49	\$42	\$45	\$38	
104605-04	104605-09	104605-14	M/W/F	11-11:40am	\$49	\$42	\$45	\$38	
104605-05	104605-10	104605-15	Tu/Th	5:30-6:10pm	\$49	\$42	\$49	\$42	

LEVEL 6 - FITNESS SWIMMER Classes at Noelridge									
A	B	C	Days	Times	Fee	Res Fee	B Fee	B Res Fee	
104606-02	104606-06	104606-10	M/W/F	9:30-10:10am	\$49	\$42	\$45	\$38	
104606-03	104606-07	104606-11	M/W/F	10:15-10:55am	\$49	\$42	\$45	\$38	
104606-04	104606-08	104606-12	M/W/F	11-11:40am	\$49	\$42	\$45	\$38	

LEVEL 6 - FUNDAMENTALS OF DIVING Classes at Noelridge									
A	B	C	Days	Times	Fee	Res Fee	B Fee	B Res Fee	
104606-01	104606-05	104606-09	M/W/F	8:45-9:25am	\$49	\$42	\$45	\$38	



Opens
AUGUST
2016

**NORTHWEST
RECREATION CENTER**
1340 11th Street Northwest